



Children's Emergency Kit for School

At the start of each school year, pack a small emergency kit for your child to keep in their backpack or at their desk. All should fit in a quart size Ziplock or pouch.

Here's what to include:

- Water (emergency water pouches)
- Protein snacks or granola bars (be mindful of food allergies)
- Small first aid kit
- Emergency blanket
- Small flashlight
- Surgical Mask/KN95/N95

Other Options:

- Extra health-related items your child uses
- Hard candies for comfort & energy
- Comfort item (small stuffed animal or toy)
- Chapstick and antibacterial hand sanitizer
- Wipes
- Family reunification card (with contact info) and family photo (this helps with family identification and reunification)